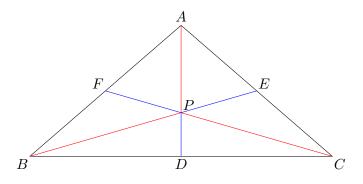
LUCA puzzles 2024: Puzzle 60

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Let $\triangle ABC$ be an equilateral triangle of size a. Let P be any point inside the triangle.



Let PD = x, PE = y, PF = z be the perpendiculars to the sides $\overline{BC}, \overline{AC}$ and \overline{AB} . Area of $\triangle ABC$

$$A_{\triangle ABC} = \frac{ax}{2} + \frac{ay}{2} + \frac{az}{2}$$
$$= \frac{a(x+y+z)}{2}$$
(1)

At the same time, area of an equilateral triangle

$$A_{\triangle ABC} = \frac{ah}{2} \tag{2}$$

Equating (1) and (2), we get

$$h = x + y + z$$

That means, if we take any interior point P inside the equilateral triangle $\triangle ABC$, the sum of the three perpendiculars to the sides will be equal to the altitude.